



LINGARAJ APPA ENGINEERING COLLEGE, BIDAR

10

MINUTES OF THE MEETING

Date: 22/04/2026

The meeting was held on 22/04/2026 in seminar hall-1 for the Discussion on Addiction awareness: mobile, gaming, drugs and alcohol.

The meeting started with a welcome note by Mrs.Shruti M

Agenda: Addiction awareness: mobile, gaming, drugs and alcohol.

Proceedings:

- The impact of online gaming on academics and mental health was discussed. Students were told that gaming addiction causes drop in attendance and social isolation.

The Meeting Concluded with vote of thanks by Mrs.Preeti K

The members involved in Student counsellor Cell are as follows.

Sl. No.	Name	Designation
1	Dr.Vijayanand K	Chair Person
2	Mr.Amarnath	Member
3	Mrs.Preeti K	Member Secretary
4	Mrs.Shruti M	Member
5	Mr.Anilkumar D	Member
6	Mr.Jagannath K	Member
7	Mr.Rajkumar Patil	Member
8	Dr.Shweta	External Member

Copy to,
1. Student counsellor cell


PRINCIPAL
PRINCIPAL
Lingraj Appa Engineering
College, Gornalli, BIDAR-585403

ACTION TAKEN

ANTI-ADDICTION RALLY

Date: 22/04/2026

Title of the Program:

"Say No to Addiction" Awareness Rally.

Date: 22/04/2026

Venue: From College Campus to Bidar City Bus Stand

Time: 10:00 AM to 1:30 PM

Organized by: Student Counsellor Cell

Target Audience: All Students, Faculty & Public

Objective of the Rally:

- To create public awareness about the harmful effects of Drug, Alcohol, Tobacco & Mobile Addiction.
- To spread the message "Healthy Youth, Healthy Nation".
- To encourage students to adopt a healthy and addiction-free lifestyle.

Key Highlights:

- Students displayed banners with slogans: "Addiction Destroys Dreams" "Your Life is Precious. Don't Waste it on Addiction" "Study Hard, Stay Smart, Stay Away from Addiction" Leaflets on "Effects of Addiction & Helpline Numbers" were distributed to the public.
- Counsellor Cell members explained to people about support available for addiction recovery.

IMPACT FACTOR

Outcome of the Rally:

- Created awareness among 500+ public and students about dangers of addiction. Students developed leadership and social responsibility. Spread the message of healthy lifestyle across the community. Increased visibility of Student Counsellor Cell and its support services.

Conclusion:

- The "Say No to Addiction" rally was a great success. It helped in sensitizing both students and public. The Student Counsellor Cell will continue such awareness activities every year.



U. V. K.
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