

LINGARAJ APPA ENGINEERING COLLEGE, BIDAR

Sub: Mentoring, Counselling and Psychological Report.



As above cited subject, all the HODs and Mentors the following departments

- 1.Computer Science and Engineering
- 2.Civil Engineering
- 3.Electronics and Communication Engineering
- 4.Eletrical and Electronics Engineering
- 5.Mechanical Engineering
- 6.Humanties and Science (1st Year)
- 7.Master of Business Administration
- 8.M.Tech-Computer Science Engineering
- 9.M.Tech-Machine Design
- 10.M,Tech-VLSI Design and Embedded System

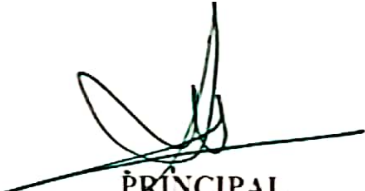
Discussed the following details and collected the feedback from students

- Provided detailed information of COVID-19
- Discussed the safety measures against COVID-19.
- Instructed to all students that maintain the social distance, and informed the students to pass same information to their family members.
- Requested all the students not to go out, better to “STAY HOME AND STAY SAFE”, also informed them to wear masks while going out.(if in case of emergency).
- Informed them to keep your hands clean, use sanitizer or soap to wash your hands after coming from out.and every half an hour
- Motivated the students to think in positive manner and don't be panic of thinking about the current situation.
- Collected the mental, and health condition of the students (related to COVID-19 symptoms).
- Related to studies matter motivated all students that we support in all corners related to all subjects.
- Already books and other study materials are provided to students. if they want extra books also we try to provide them.
- Students also have given positive response towards the current scenario.
- Informed to install “Arogya setu” app.

- Suggested tips from “Ayush imunity”
- Discussed about their health.
- Where they are staying.
- Suggested them to follow the social distancing. Be aware of situation. wash hands repeatedly, wear mask, avoid unnecessary gathering, and make aware other.
- Suggested them to don'tt rush to get ration.
- Informed them to bring notice of their family members and neighbours strictly follow the government rules and lockdown rules to fight against Corona.
- Take benefit of online class, concentrate on positive things, make use of idle time, be positive about career, do yoga and exercise to keep physically healthy, share the problem with your mentors .
- Encourage them to increase their immune system by the use of tulsi, leaf, use of milk and turmeric powder and frequently drink light hot water and other methods which are available at their home which will enhance the immune system.
- If any of the symptoms found bring notice of the concerned health department members.
- Don't get depressed about virus at any situation use Arogyasetu app for self-assessment.
- For emergency help contact 104 toll free number.
- Totally 448 students mentoring done by 25 faculties and 10 HODs.

Kindly consider the request and do the needful.

Thanking you,


PRINCIPAL
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Srinagaraj Appa Engineering College
Gomalli-Bidar